## ONTARIO HOCKEY FEDERATION

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## **OHF Bulletin**

To: ALLIANCE, GTHL, NOHA, OHA, OHL, OMHA, OWHA

From: Jeff Stewart, Director Programs & Events

Date: 1/24/2023

Re: 2023 High Performance 1 Coaching Program Clinic Date Confirmed and Applications Available

High Performance 1 (HP1) Coaching Program clinic dates and process is now confirmed for the 2023 summer period.

The High Performance 1 Coaching Program is an enriched development experience for coaches, which features online virtual, pre-recorded and in-class sessions. A post training written assignment and field evaluation will complete the certification process.

As mentioned above, the seminar (theory) will be delivered in three parts consisting of a National on-line virtual weekend (May 26-28), recorded modules, and an in-class session (July 7-9). This seminar will provide an exceptional opportunity for coaches to learn and will feature outstanding presenters who have vast experience within high performance coaching environments. Following the theory, coaches will further their development by completing, and receiving feedback on, a written assignment with support from a mentor. Participants will then be provided with an incredible opportunity for growth as a Hockey Canada trained Evaluator will observe a practice and game and conduct interviews on the ice sessions and the coach's overall program.

Throughout the process, coaches will be provided information and tasks which will challenge them with the ultimate goal of furthering key skills including critical thinking, problem solving, interacting, valuing and leadership.

**Please note**: Priority will be given to those coaches who require HP1 training for the 2023-2024 season.

Coaches wishing to become HP1 certified are encouraged to review the information and fill out the HP1 Coaching Program application form by clicking here.















